



BLOWIN' SMOKE

*Jefferson County Fire District #1
Volume 14 Issue 9 February 2009*

From Chief Olson

Well we made it through a year that may compare to the one when North Unit & the Madras Fire Departments became Jefferson County Fire District #1. Jesse St John made an interesting observation. 80% of the staff will have changed in a little over a year's time. One thing for certain in the fire service, is 'things change.' Sometime it's very slow and other times it takes place more quickly than we would like. You may be asking what will the New Year bring our way. Here are five Areas of focus I hope we are successful with this New Year.

SAFETY: In all areas. With a special emphasis on vehicle & traffic safety while we are responding, on scene, or returning from incidents. Remember, 25% of firefighter fatalities fall into this category. Second, lose those extra pounds through proper diet and exercise. Remember, 50% of firefighter fatalities are heart related. Stay away from foods high in saturated fats. Your heart is a muscle. We can make our hearts & cardiovascular systems stronger through aerobic exercise for 30 minutes, three times a week. We have many more injuries than deaths in the fire service. Be aware of back injuries while lifting on first aid calls. Look out for each other through direct assistance and reminders. Sometimes we may notice potential dangers and by speaking up it can confirm or prevent a potential injury situation. Don't just assume everyone has noticed what you see, speak up/

TEAMWORK & MORAL: If we realize everyone in this organization is here to help other people. Sometimes it's life or death. Other times you may have stepped into the very worst situation a person will experience in their entire life. We experience & mitigate many horrendous events & circumstances, not as a single super hero but together as a team. That is why the fire service is more than a job. It is a brother/sisterhood. It's all about

the team. Think about a person at your place of work who you don't like. The bottom line is, if that person were a firefighter & you called 'may day', "may day", "may day" over your portable radio. They would risk their own life & do everything humanly possible to save yours. Now think about it, in any fire department if the tables were turned, you would risk your life for them. That firefighter's prospective is why teamwork, moral & brotherhood constantly take the place of gossip, dislikes & petty differences that are pervasive in ordinary jobs. We have so much to be thankful for. We are firefighters. In our world brotherhood & attitude are everything.

STAY WITHIN OUR MEANS: With the economy down trend, it will be challenging to do the same with less. We are expecting a 7% decrease in funds from last year. Be thrifty. Be smart.

QUALITY SERVICE: Most fire departments enjoy a 90% or higher approval rating. JEFFCO seems to be at the high end of that figure. Continue the high quality of service to our community.

Thanks to all who helped with snow removal



From Chief Olson— Continued from page 1.

FUTURE PLANNING: Anticipate future events & circumstances. Have plans for a course of action just in case.

For now, the Assistant Chief/Fire Marshal exam application period opens 2-13-2009 & closes 3-5-2009. After the application & resume review, some of the candidates will be invited to the assessment center by March 10th. The assessment center is 3-20-2009. Announcements are posted at 1701 & 1702. Applications can be picked up at 1701 (see Bobbie or myself). The candidate pool will come from in-house. So we already know the next AC/FM, we just don't know who it will be. We will be using an outside vendor for this exam. Best of luck to all the candidates.

On one 17 degree day before Christmas, a young lady came into 1701 & asked if the Fire Department gave out toys. After finding out they did not, she was pulling out of the parking lot when Bruce Turney approached her to get her contact info. Brian Huff, Alan Hume, Charlie Ochs, Dusty Miller & the guys from the training office got together with some cash. After a trip to the Trading Post (John & Debbie Stinson gave them a 20% discount) the guys returned to the station & dropped off a bunch of toys. Bobbie called the lady back & she returned to the station & picked up the toys for her children's Christmas. The story speaks for itself as to the caliber & character of our people at JEFFCO.

If you are in 1702, take a look at the glass display case that was refurbished by Kevin Canaday with

an assist by Trevor Beebe. The glass & materials were compliments of the Culver Association. It's a very nice improvement.

Brian Huff has been working like a one-man gang taking care of all the Fire Marshal duties. This keeps business moving in Madras for the District. Brian is working to get an A.R.F.F. (crash truck) housed in a structure next to the new Butler air hanger. Good luck & thank you Brian.

Mike Throop has been working like a madman on the new Type 4 with assistance from Buck, Jim Brown & Stephen Krause. Kasey Skaar & Jared Earnest stripped 1745 of the parts we will use for the new Type 4. Kasey got that done between installing child car seats.

At the Culver Association meeting firefighters related that the new rescue rotation plan that was developed by Dustin Miller is working well for them.

A lot of preparation work went into last weeks forcible entry drill. Nick Ryan, Jason Kish, Tom Jaca & Charlie Ochs all spent time helping out Training by building props & assisting with the training.

Levi Manitsas, our official fire department Pastor, is always helpful & a good resource to have for Jefferson County Fire.

Just so people understand, the sheer size of the project the Historic Committee undertook, Kirk Hagman has spent hundreds of hours computerizing our Fire Department's history. Kirk has been assisted by Heidi Kelly.

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Congratulations to Rylee Wood from Culver & Heidi Kelly from the Madras station. They were voted Fire-fighter of the Quarter.

Sign up for the "Fish and Shoot", March 6, 7 and 8. Starting Friday, late afternoon, all day Saturday & Sunday til 2:00 p.m. We only have room to sleep the first 50 or so. Be sure to write down on the sign up what nights you will be staying. It's about a 50 minute drive from Madras to the Wilderness Camp. Bring guns, ammo, fishing tackle, sleeping bags & row boats. The food organizer is Rick Krause of the Incident Support Unit. For questions contact Shaun Bush or Jim Brown.

Who has the agility of a cat & can pull hose like a bulldozer. At several recent structure fires, Bubba has arrived on the ambulance, stretched and charged hose from the first arriving engine to a near by hydrant. You see, Bubba wants to assist but has to stay available (clean) for medical emergencies. We were thinking of presenting Bubba with a special EMS belt with sheaths for scissors, pen light, pad/paper and a hydrant wrench. This could be used for fires or unruly patients. We are just waiting for Don Heckathorn's blessing. Thanks Bubba.

IMPORTANT DATES

March

06,07,08-Fish & Shoot
 09—Board Meeting 12 noon
 09-Jim Brown cooking
 09-Volunteer Assoc Mtg 1900 hours
 11-Officers Meeting
 14-Annual Firefighter Banquet
 19-Safety Meeting
 20-Assessment Center—AC/FM
 21-Burn to Learn
 22-Pinewood Derby

March

Rick Allen, Jennifer Johnson, Bobbie McConkey,
 Bubba Thompson, Tom Walton, Dustin Miller

April

Kevin Canaday, Ken Douglas, Derek Domhoff, Mike
 Throop

Happy Birthday

JESSE ———Thanks so much

Another month has passed and we have gotten some things done around the District. Thanks! Here are some of the tasks that have been completed in the last month or so.

- ⇒ All the SCBA's have had annual inspections and for the most part, it showed that we are doing a good job of cleaning them after use. A few reminders about cleaning. When you wash the mask, be sure to take the electronics off before you soak the mask & also insure that you remove and put back on the exhalation cover. Stuff can get stuck in there & prevent you from breathing out...not a good feeling. Keep up the good work.
- ⇒ If you have not noticed, we have a new olive drab in the bays. It is very shortly going to turn red! The plan is to take 1745 out of service & move the tank to the new truck. I might be calling you to see if you would like to help in this process. If you have an interest in helping, please let me know. As part of that, 45 is now OOS & 1746 is in Culver.
- ⇒ We will do our best to keep the maintenance bay open for your use however there may be

times when we are unable to do that, so please bare with me on this & adapt as needed.

- ⇒ It is fit testing time if you need to be tested come see me.
- ⇒ One last thing for your consideration. It is still cold outside so please make sure you are winterizing well when you return from a call. It would not hurt to check even if you did not wet the pump so we can be sure not to freeze anything.

Glasgow Coma Scale

ALS BLS Protocol

Adult & Children

Glasgow Coma Scale		
Eye Opening	Spontaneous	4
	To Voice	3
	To Pain	2
	None	1
Best Verbal Response	Oriented	5
	Confused	4
	Inappropriate words	3
	Incomprehensible words	2
	None	1
Best Motor Response	Obeys Commands	6
	Localizes Pain	5
	Withdraws (Pain)	4
	Flexion	3
	Extension	2
	None	1

Infant & Toddler

Glasgow Coma Scale		
Eye Opening	Spontaneous	4
	To Voice	3
	To Pain	2
	None	1
Best Verbal Response	Smiles, Interacts	5
	Consolable	4
	Cries to Pain	3
	Moans to Pain	2
	None	1
Best Motor Response	Normal Movement	6
	Localizes Pain	5
	Withdraws (Pain)	4
	Flexion	3
	Extension	2
	None	1

Glasgow Coma Scale

Assess the patient in each category (eye opening, best verbal response, best motor response) and add the scores from each category. *Example:* if the patient's BEST verbal response is a string of muffled, incomprehensible words give them a 2 for that category. The patient's Glasgow Coma Scale will be the total of all three categories. A Glasgow Coma Scale of 7 indicates coma.

Reassess the patient's score frequently, record each observation and the time it was made.